



NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Your Health Care Information - Protecting Your Privacy

It is your right as a patient to be informed of the privacy practices of your health care provider as well as to be informed of your privacy rights with respect to your personal health information. This Notice of Privacy Practices is intended to provide you with this information.

Hand to Shoulder Specialists of Wisconsin's Responsibilities

It is your right as a patient to be informed of Hand to Shoulder Specialists of Wisconsin's legal duties with respect to protection of the privacy of your personal health information.

Hand to Shoulder Specialists of Wisconsin is required to:

- Maintain the privacy of your health information;
- Provide you with a notice of the legal duties and privacy practices regarding protected health information collected and maintained about you; and
- Abide by the terms of this notice.

Hand to Shoulder Specialists of Wisconsin reserves the right to change the terms of the notice of privacy practices and make the new notice provisions effective for all protected health information that it maintains. Hand to Shoulder Specialists of Wisconsin also reserves the right change the terms of its notice with respect to any applicable more limited uses and disclosures.

Hand to Shoulder Specialists of Wisconsin will promptly revise and distribute its notice whenever Hand to Shoulder Specialists of Wisconsin makes a substantial change to any of its privacy practices. Hand to Shoulder Specialists of Wisconsin will not use or disclose your health information without your authorization, except as described in this notice.

Your Health Information Rights

You have the right to:

Request a restriction on certain uses and disclosures of your health information.

You have the right to request restrictions on certain uses and disclosures of protected health information, even if the restriction affects your treatment or Hand to Shoulder Specialists of Wisconsin's payment or health care operation activities. However, Hand to Shoulder Specialists of Wisconsin is not required to agree to your requested restriction. For example, if you are an employee of the clinic and you receive health care services in the clinic, you may request that your health care record not be maintained in the general record filing area.

Receive Confidential Communications.

You have the right to request that Hand to Shoulder Specialists of Wisconsin communicate your health information to you by alternative means or at alternative locations. Hand to Shoulder Specialists of Wisconsin shall accommodate reasonable requests. For example, you may request to be contacted at a phone number that is different from the phone number listed in your health care record.

Inspect and obtain a copy of your health record.

You have the right to inspect and obtain a copy of your health care record. This request for access to your health care record must be submitted in writing to the Privacy Officer or Office Manager. This right may not apply to certain types of psychotherapy notes and Hand to Shoulder Specialists of Wisconsin may charge you a reasonable fee for a copy of your health care record. For example, you may request a copy of your health care record from your family physician.

Amend your health record.

You have the right to request an amendment to your health care record if you believe your health information is incorrect or incomplete. You may be asked to make this request in writing and state the reason why your health record should be changed. If Hand to Shoulder Specialists of Wisconsin did not create the health information you believe is incorrect or if Hand to Shoulder Specialists of Wisconsin disagrees with you, Hand to Shoulder Specialists of Wisconsin may deny your request. For example, if you believe that information in your medical history is incorrect, such as your birth date, you may request that this information be amended.

Obtain an accounting of disclosures of your health information.

You have the right to an accounting of disclosures of your health information that Hand to Shoulder Specialists of Wisconsin has made in compliance with state and federal law. The accounting will describe the dates of each disclosure, a brief description of information disclosed and the reason for disclosure. You will receive one accounting per year at no charge and Hand to Shoulder Specialists of Wisconsin may charge you a reasonable fee for each subsequent request. For example, you may request an accounting of disclosures made from your health record in the last year to the State for disease reporting.

Obtain a paper copy of the notice upon request.

You have the right to obtain a paper copy of the notice upon request. For example, if you received the notice electronically, you may request that Hand to Shoulder Specialists of Wisconsin provide a paper copy of the notice.

Uses and Disclosures for Treatment, Payment and Health Care Operations

Hand to Shoulder Specialists of Wisconsin is permitted by the federal privacy rule to use or disclose your protected health information for treatment, payment or health care operations.

Hand to Shoulder Specialists of Wisconsin may use or disclose your health information for treatment.

Hand to Shoulder Specialists of Wisconsin may use or disclose your health information in the provision, coordination or management of your health care.

Example: Your information may be disclosed from one physician to another if they are consulting each other in relation to your care and treatment.

Example: Hand to Shoulder Specialists of Wisconsin may use your health information to provide you with an appointment reminder.

Hand to Shoulder Specialists of Wisconsin may use or disclose your health information for payment.

Hand to Shoulder Specialists of Wisconsin may use or disclose your health information to obtain reimbursement for the provision of health care services. The bill may include information that identifies you, your diagnosis and your treatment.

Example: Hand to Shoulder Specialists of Wisconsin may use or disclose your information to your insurer to obtain payment for the provision of health care services.

Hand to Shoulder Specialists of Wisconsin may use or disclose your health information for routine health care operations.

Hand to Shoulder Specialists of Wisconsin may use or disclose your health information for evaluation of patient care services, evaluating the performance of health care providers, activities relating to compliance with the law and business planning and development.

Example: Hand to Shoulder Specialists of Wisconsin may review your health record to determine the efficiency of the services provided to you in the emergency room.

Uses or Disclosures of Your Protected Health Information Permitted Without Your Authorization.

Under the law, we may use or disclose your protected health information under certain circumstances without your permission. The following categories describe the different ways that we may use and disclose your protected health information. For each category of uses or disclosures we will explain what we mean and present some examples. Not every use or disclosure in a category will be listed. However, all of the ways we are permitted to use and disclose information will fall within one of the categories. And in all cases, if we have substance use disorder patient records about you, subject to 42 CFR Part 2, we cannot use or share information in those records in civil, criminal, administrative, or legislative investigations or proceedings against you without (1) your consent or (2) a court order and a subpoena.

As Required by Law: Hand to Shoulder Specialists of Wisconsin may use or disclose protected health information to the extent that the use or disclosure is required by law and the use or disclosure complies with and is limited to the relevant requirements of the law. Uses or disclosures required by federal privacy rule and limited by the more protective requirements of state law include the following:

- . Disclosures about victims of elderly or child abuse;
- . Disclosures for judicial and administrative proceedings; or
- . Disclosures for law enforcement purposes.

Public health: As required by law, Hand to Shoulder Specialists of Wisconsin may disclose your protected health information to the State of Wisconsin for the purpose of statutory reporting.

Hand to Shoulder Specialists of Wisconsin may disclose your protected health information excluding mental health, alcohol or drug abuse or developmentally disabled or HIV test result to a state or federal public health agency for the purpose of preventing or controlling disease, injury or disability.

Hand to Shoulder Specialists of Wisconsin may disclose your protected health information excluding your HIV test result without your authorization to a county agency investigating child abuse.

Hand to Shoulder Specialists of Wisconsin may disclose your protected health information excluding mental health, alcohol or drug abuse or developmentally disabled or HIV test result without your authorization to the Food and Drug Administration (FDA).

Hand to Shoulder Specialists of Wisconsin may disclose your HIV test result without your authorization to a person that may have sustained a contact that carries a potential for transmission of HIV.

Hand to Shoulder Specialists of Wisconsin may disclose your protected health information that is reasonably related to a work-related illness or injury if an application for workers' compensation has been filed.

Victims of abuse, neglect or domestic violence: Hand to Shoulder Specialists of Wisconsin may disclose health information except for an HIV test result if Hand to Shoulder Specialists of Wisconsin reasonably believes that an individual is a victim of child or elderly abuse.

Health oversight activities: Hand to Shoulder Specialists of Wisconsin will not disclose HIV test results to health care oversight agencies without an authorization. Hand to Shoulder Specialists of Wisconsin may disclose your mental health, alcohol or drug abuse or developmental disability related health information to the Department of Health and Family Services, to the county for coordination of human services and to a representative of the board on aging and long-term care. The remainder of your protected health information may be disclosed without your authorization to a state or federal agency.

Judicial and Administrative Proceedings: Hand to Shoulder Specialists of Wisconsin may disclose your protected health information in response to a court order. Hand to Shoulder Specialists of Wisconsin may disclose your protected health information in response to a subpoena if Hand to Shoulder Specialists of Wisconsin is a party to a court action, Hand to Shoulder Specialists of Wisconsin has received your authorization to disclose and has not complied within two business days or Hand to Shoulder Specialists of Wisconsin failed to respond to a request for workers' compensation records. Hand to Shoulder Specialists of Wisconsin may disclose your protected health information excluding mental health, alcohol or drug abuse or developmentally disabled or HIV test result in response to a subpoena from a state or federal agency.

Law enforcement: Hand to Shoulder Specialists of Wisconsin may disclose your protected health information except for HIV test results to county law enforcement officials for the reporting and investigation of elderly and/or child abuse. Hand to Shoulder Specialists of Wisconsin may disclose your protected health information except for mental health, alcohol or drug abuse or developmentally disabled or HIV test results to state and federal law enforcement officials. Hand to Shoulder Specialists of Wisconsin may disclose mental health, alcohol or drug abuse or developmentally disabled protected health information for limited law enforcement purposes as required by law. Hand to Shoulder Specialists of Wisconsin may disclose your protected health information to a law enforcement official in response to a court order.

For activities related to death:

Coroner or Medical Examiner: Hand to Shoulder Specialists of Wisconsin may use or disclose your protected health information that is not an HIV test result or related to mental health, alcohol or drug abuse and developmental disabilities to a coroner or medical examiner.

Funeral Director: Hand to Shoulder Specialists of Wisconsin may use or disclose your HIV test result to a funeral director. For cadaveric organ, eye or tissue donation purposes: Hand to Shoulder Specialists of Wisconsin may use or disclose your HIV test result to organ procurement organizations or other entities engaged in the procurement, banking, or transplantation or cadaveric organs, eyes or tissue for the purpose of facilitating organ, eye or tissue donation and transplantation.

Research: Hand to Shoulder Specialists of Wisconsin may use or disclose your protected health information for research purposes if the researcher has obtained your permission or fulfilled the stringent privacy requirements of state and federal law.

To avoid a serious threat to health or safety: Hand to Shoulder Specialists of Wisconsin may disclose your protected health information under limited circumstances to law enforcement officials to avert a serious threat to health or safety.

Disclosures for specialized government functions: Hand to Shoulder Specialists of Wisconsin may disclose protected health information excluding mental health, alcohol or drug abuse or developmentally disabled or HIV test result for national security, for protection of the President and for medical suitability determination or of Armed Forces personnel to a state or federal agency. Hand to Shoulder Specialists of Wisconsin may disclose protected health information to limited staff of a correctional institution or a custodial law enforcement official for the provision of health care and the transport of inmates.

Workers compensation: Hand to Shoulder Specialists of Wisconsin may disclose protected health information reasonably related to a workers' compensation injury.

Hand to Shoulder Specialists of Wisconsin has attempted to explain with this notice the circumstances where state law may be more protective than the federal privacy rule and provides greater privacy protection.

Except for the situations listed above and treatment, payment or health care operation purposes, the use or disclosure of your health information requires Hand to Shoulder Specialists of Wisconsin to obtain your written authorization. You may withdraw your authorization in writing at any time by submitting your written withdrawal to Hand to Shoulder Specialists of Wisconsin's Privacy Officer.

Patient Complaint Process: If you believe your privacy rights have been violated, you may file a complaint with Hand to Shoulder Specialists of Wisconsin or with the Secretary of the Department of Health and Human Services. There will be no retaliation against you for filing a complaint.

To file a complaint with Hand to Shoulder Specialists of Wisconsin please contact the Hand to Shoulder Specialists of Wisconsin's Privacy Officer who will provide you with the necessary assistance.

Questions or Concerns

If you have any questions or concerns regarding your privacy rights or the information in this notice, please contact:

Privacy Officer

Hand to Shoulder Specialists of Wisconsin

525 W. River Woods Pkwy. Suite 230

Glendale, WI 53212

(414) 453-7418 (Phone)

(414) 967-1 151 (Fax)

Effective Date: This Notice of Privacy Practice is effective as of April 14, 2003. Revised 04/01/2026.